

WINTER SEASON 2026-27

UKPADELLEAGUE.CO.UK

PADEL TONIC
PADEL LEAGUE



WELCOME TO

PADEL TONIC LEAGUE

PADEL TONIC · SHILDON, COUNTY DURHAM

LIMITED TO 24 TEAMS

ENTRY OPEN

**6 OCT - 15 NOV
2026**

SEASON DATES

**23 NOV 2026 - 31
JAN 2027**

ENTRY FEE

£65 PER TEAM

£50 if one of you played last
season

ENTER NOW

IN THE PADEL LEAGUE UK APP
OR AT UKPADELLEAGUE.CO.UK

WELCOME TO THE PADEL TONIC LEAGUE

Competitive padel, close to home. Weekly fixtures for teams of two, at your level, all played at Padel Tonic in Shildon, County Durham. Register your team, arrange your matches, submit your scores and follow the table, all in the Padel League UK app.

YOUR VENUE



PADEL TONIC

Unit 10, All Saints Industrial Estate, Darlington Road, Shildon DL4 2RD

Every match is played at Padel Tonic, with five indoor courts and a café to relax in after your match. Courts are booked through Playtomic.

ONE VENUE, ONE LEAGUE

CHOOSE THE PADEL TONIC LEAGUE

When you register in the Padel League UK app, choose the **Padel Tonic League**. You'll be grouped into a division with teams at your level. Places are limited to 24 teams.



Masters Series Finals: Saturday 28 November 2026 at Padel Up Teesside, 2pm to 8pm. Come and watch top-level padel, with a DJ and food and drink. Buy spectator tickets at ukpadelleague.co.uk/tickets.

HOW IT WORKS

1

FIND YOUR LEAGUE

Choose the Padel Tonic League in the Padel League UK app.

2

REGISTER IN THE APP

Both partners sign up in the Padel League UK app. £65 per team, paid in the app.

3

COMPETE AT YOUR LEVEL

Divisions are set by level after entries close.

4

BATTLE FOR PROMOTION

Weekly fixtures against teams like you, with promotion and prizes to play for.

WHO CAN PLAY?

ANY LEVEL, BEGINNER TO ADVANCED

Teams of two, aged 16 and over. Answer a few questions on sign-up about your level and experience, and we'll place you in a division that suits you.

GOOD TO KNOW

- One team, in one league, per player per season.
- **Places are limited to 24 teams**, first come, first served. Once a league is full, you can join the waiting list.
- Court hire isn't included: book and share the cost with your opponents.

READY TO PLAY?

ENTER YOUR TEAM NOW

Entry closes
15 November 2026



DOWNLOAD
THE PADEL LEAGUE UK APP

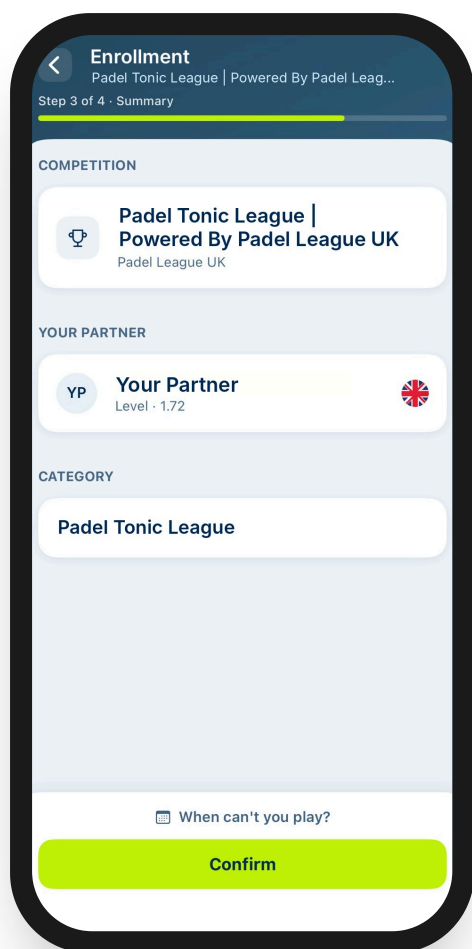


OR VISIT
UKPADELLEAGUE.CO.UK

THE PADEL LEAGUE UK APP · PART 1

SIGN UP & REGISTER YOUR TEAM

Everything happens in the Padel League UK app: registering, paying, your fixtures, your division table and your results. Registration takes a few minutes.



Enrolment in the Padel League UK app

1 DOWNLOAD THE APP

Get the Padel League UK app free from the App Store or Google Play.

2 YOU BOTH SIGN UP

You and your partner each create your own account, so you both see your fixtures and the league. Use the email address where you want league messages to go.

3 CHOOSE YOUR LEAGUE

In the app, choose the Padel Tonic League. Add your partner, tell us any dates you can't play, and confirm.

4 PAY FOR YOUR TEAM

£65 per team, paid in the app. If one of you played last season, the app takes £15 off automatically. There is nothing to claim.

5 YOU'RE IN

Places are limited to 24 teams, so register early. If your league is full, you can join the waiting list. Entry closes on 15 November and we'll confirm your division before Round 1 starts on 23 November.

NEED A PARTNER?

Teams are two players. If you don't have a partner yet, press **Find a partner** in the Padel League UK app to request one.

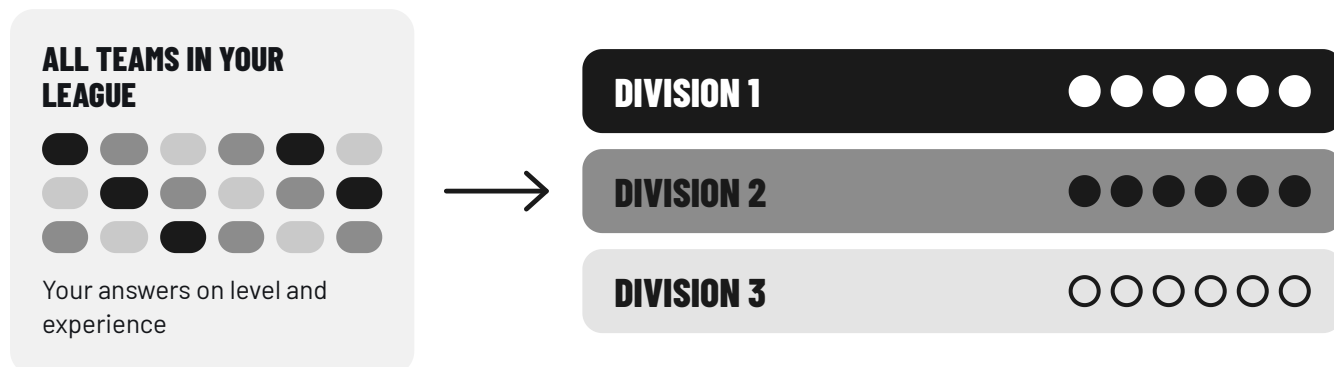
DID A FRIEND INVITE YOU?

Give their name when you sign up. It counts towards their League Ambassador rewards (see page 08).

THE PADEL LEAGUE UK APP · PART 2

DIVISIONS & ARRANGING MATCHES

HOW YOU'RE PLACED IN A DIVISION

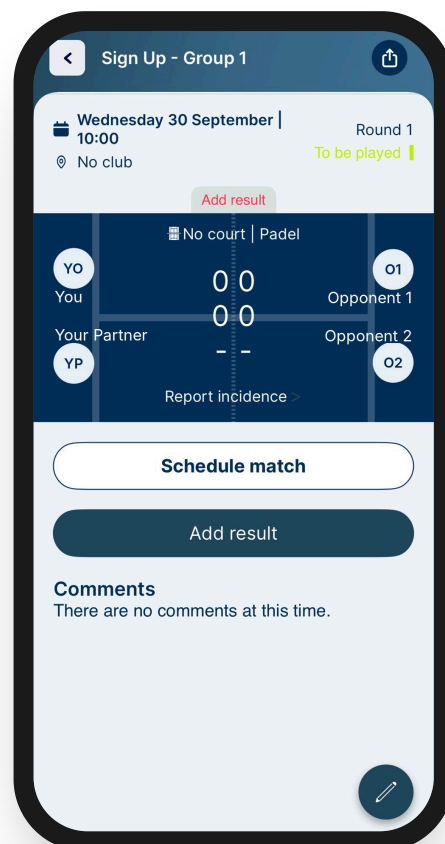


The league takes up to 24 teams. After entries close on 15 November, we group teams by level into up to three divisions of 8 teams. Your division, your opponents and your fixture list all appear in the app before Round 1. Each team plays every other team in its division once.

ARRANGING YOUR MATCHES

- 1 Check your fixture.** Each round, the app shows who you're playing and the week to play it in.
- 2 Match captain suggests a slot.** The match captain taps **Schedule match** on the fixture and suggests a date and time. The other team accepts it or suggests an alternative.
- 3 Book a court.** The match captain books a court at Padel Tonic using the **Playtomic** app, and everyone pays their share straight away.
- 4 Play and enter the result** in the app (see page 07).

Who is match captain? Each pair names a team captain. For each fixture, the captain of the team listed first is the match captain. See page 06 for the scheduling rules and deadlines.



A fixture in the Padel League UK app

GETTING EVERY MATCH PLAYED

MATCH CAPTAINS & SCHEDULING



EVERY PAIR NAMES A TEAM CAPTAIN



THE TEAM LISTED FIRST IS IN CHARGE



THEIR CAPTAIN IS THE MATCH CAPTAIN

For each fixture, the captain of the team listed first is the **match captain**. The match captain takes the lead in organising the match: suggesting a date and time, and booking the court.

THE SCHEDULING PROCESS

GAMEWEEK STARTS

01

9 DAYS BEFORE

CAPTAIN SUGGESTS A SLOT

The match captain taps **Schedule match** in the app and suggests a date and time.

02

7 DAYS BEFORE

OPPONENTS REPLY

The other team accepts the suggestion in the app, or suggests an alternative.

03

ONCE AGREED

BOOK THE COURT

The match captain books the court using the **Playtomic** app. All players pay their share.

GOLDEN RULES OF MATCH SCHEDULING

- 1 Be proactive.** Don't wait for others to organise your match. Captains suggest a slot 9 days before the gameweek and everyone keeps communication moving.
- 2 Don't leave people on read.** A quick reply shows respect for your opponents and keeps the match on track.
- 3 Be flexible.** Offer options, suggest alternatives and find a time that works for everyone. Flexibility is part of good sportsmanship.
- 4 Communicate clearly.** If you can't make a suggested time, say so. Silence creates problems; communication solves them.
- 5 Aim to play every match.** Playing is the only guaranteed way to earn points. Forfeits should be rare.
- 6 Forfeit decisions consider effort.** If a match isn't played, we look at who was proactive, who responded and who tried to get it arranged.
- 7 Forfeits are at league admin discretion.** We always aim for fairness. All communication and effort is taken into account before any points are awarded.

THE PADEL LEAGUE UK APP • PART 3

SCORES & LEAGUE TABLES

The screenshot shows the 'PLUK' app interface. At the top, there's a 'Sign Up' button and tabs for 'Groups', 'Classification', and 'Couples'. The 'Classification' tab is active, displaying a table for 'Group 1'. The table lists 8 teams with their respective points, matches played, wins, losses, and set differences.

		Pts	P	W	L	Wo	Avg
1	Ollie Bennett Josh Carter	16	3	3	0	0	+21
2	Emma Clarke Sophie Ward	14	3	3	0	0	+14
3	Liam Hughes Ryan Patel	12	3	2	1	0	+7
4	Chloe Evans Megan Price	10	3	2	1	0	+3
5	Dan Fletcher Ben Atkinson	8	3	1	2	0	-2
6	Hannah Reid Lucy Shaw	6	3	1	2	0	-8
7	Matt Doyle Chris Lowe	4	3	0	3	0	-15
8	Amy Turner Jess Hill	2	3	0	3	0	-20

Division standings in the app (example)

SUBMIT YOUR SCORE

After your match, one player enters the set scores in the app. The standings update for your whole division, so everyone can see where they stand, and your padel level updates as you play.

HOW POINTS WORK

SET 1 6-4 +2 pts	SET 2 3-6 +0 pts	SET 3 6-2 +2 pts
-------------------------------	-------------------------------	-------------------------------

YOUR TEAM 4 PTS | OPPONENTS 2 PTS

Every match is 3 sets and every set won earns 2 points, so always play the third set. An unfinished set earns 0 points. If you're running out of time, play a 10-point tie-break instead and record it as 7-6 to the winners.

PROMOTION & RELEGATION



TOP 2 GO UP

The top two teams in each division earn promotion next season.



WINNERS WIN PRIZES

Division winners take home padel prizes and recognition.



BOTTOM TEAMS DROP

The bottom teams move down to the division below.

LEAGUE AMBASSADORS

TELL YOUR FRIENDS. EARN REWARDS.

The best way to grow a league is through the people already playing in it. Every friend you bring along moves you up a tier. Rewards build up as you go and never reset, and our top ambassadors get extra bonuses on top.



HOW IT WORKS

01

SHARE THE LEAGUE

Send friends the link to the Padel Tonic League page on WhatsApp or social media.

02

THEY GIVE YOUR NAME

When your friends sign up, they give your name as the person who told them. That's how we count it.

03

COLLECT REWARDS

Each friend who signs up moves you towards the next tier.

Full terms for the scheme, including who can take part and how rewards are given, are available at ukpadelleague.co.uk/ambassadors.

PLAY AGAINST THE BEST

QUALIFY FOR THE MASTERS SERIES



Top teams each year from every Padel League UK league are invited to play in the Masters Series, with the chance to win **£1,000 per winning team**.

There is no application: the Masters Series is by invitation only. Play your league season, finish near the top, and we'll contact you directly.

MASTERS SERIES FINALS

AT PADEL UP TEESSIDE

Saturday 28 November 2026, 2pm to 8pm

Top-level padel on indoor courts, spectator seating, a DJ, and food and drink.

300 tickets available. Everyone is welcome to come and watch. Buy spectator tickets at ukpadelleague.co.uk/tickets.

1B Opus Park, Lockheed Close, Stockton-on-Tees TS18 3BP

DIVISION WINNERS

WIN AMAZING PADEL PRIZES



Division winners win padel prizes such as gift cards for padel gear and clothing, plus recognition across Padel League UK.

Specific prizes will be announced soon.

The prize structure, including Masters Series prize money, can vary each year.

FAQS & USEFUL INFORMATION

HOW DO I ENTER?

Download the Padel League UK app. You and your partner both sign up, choose the Padel Tonic League, then pay for your team.

HOW MUCH DOES ENTRY COST?

£65 per team, paid in the app, or £50 if one of you played last season. Court hire isn't included. Players bring their own equipment and balls.

WHERE ARE THE MATCHES?

Every match is played at Padel Tonic, Unit 10, All Saints Industrial Estate, Darlington Road, Shildon DL4 2RD. Courts are booked through Playtomic.

WHEN ARE THE MATCHES?

Fixtures are released in rounds, usually one a week. Play on any day and at any time that suits all four players.

DO I NEED A PARTNER?

Yes, teams are two players. If you need a partner, press **Find a partner** in the Padel League UK app to request one.

WHAT IF I'M AWAY OR INJURED?

Contact your opponents early to play the match ahead of schedule, or catch up later. Results count as long as they're in before the season deadline.

HOW MANY PLACES ARE THERE?

The Padel Tonic League is limited to 24 teams, first come, first served, so register early. If your league is full, join the waiting list and we'll let you know if a place opens up. After entries close on 15 November, we group teams by level into up to three divisions.

Questions not covered here? Tap the **Player Support** button in the Padel League UK app and our team will help. Our privacy policy is on our website at ukpadelleague.co.uk.

LEAGUE RULES

1

Players should endeavour to be proactive when it comes to match scheduling. Try to play your matches within the assigned gameweeks. Players should endeavour to be accommodating of opponents' availability where possible. All players should pay their share of the court hire immediately.

2

All court booking issues must be handled between players and respective venues, and Padel League UK cannot be held responsible for any no-shows. Advance payment by all players should prevent issues. If you need to cancel your game and the booking player cannot get a refund for the court hire due to the last-minute nature, please ensure that the player not at fault is reimbursed for any court hire costs. Padel League UK is not responsible for any loss resulting from match cancellations or any other aspect of playing in the league.

3

For any league issues or questions, please tap the **Player Support** button in the Padel League UK app. The League is operated and owned by Padel League Network Ltd (Padel League UK).

4

If you are struggling to contact or organise a match with a certain pair, please follow these steps before contacting Padel League UK:

- Reach out to both opponents using BOTH the match chat in the Padel League UK app and your division WhatsApp group.
- If you have not received a reply after 48 hours, attempt to make contact with the pair again. Sometimes messages can be missed as people lead busy lives.
- If you still receive no reply, please tap the **Player Support** button in the Padel League UK app. League administrators will encourage the opponents to engage.

5

If the match does not get completed by the season deadline and neither team is clearly at fault (e.g. a simple failure on both sides to organise the match, or limited availability on both sides), 0 points will be awarded to both sides. If you feel that your team deserves a forfeit due to the other side being at fault for an unscheduled match, please tap the **Player Support** button in the Padel League UK app.

LEAGUE RULES | CONTINUED

6

Forfeit points may be awarded only in the following circumstances:

- One side cancels a prearranged match. A prearranged match means all 4 players have confirmed the day and time.
- One side willingly forfeits a match.
- One side drops out of a match for any reason or is a no-show.
- One side does not respond to scheduling by the deadlines on page 06, even though the other side has followed the process.

In the above circumstances, we would ask that in the spirit of the sport and the desire to play the matches, every effort is made to be reasonable and endeavour to rearrange matches. However, the team not at fault has no obligation to do so if availability does not allow. Forfeits are recorded in the app by ticking the **W.O.** box on the side of the pair who are forfeiting.

7

If players have away periods planned, they should contact their opponents for the affected rounds early and take the initiative to rearrange the match. It is preferred to play matches early rather than late. However, as long as the results are submitted before the season deadline, they will be counted. In this scenario, players should also tap the **Player Support** button in the Padel League UK app to let us know.

8

Players should be proactive when organising matches and follow the scheduling process on page 06: the match captain taps **Schedule match** 9 days before the gameweek starts, the other pair replies by 7 days before, and the match captain then books the court on Playtomic. Match captains should know when courts are released at Padel Tonic so they can book early. The best league experience is always had by the participants who organise their matches early.

9

Player Withdrawal Protocol: If a player withdraws from the league, match outcomes will be adjusted based on the stage of withdrawal. If fewer than 50% of scheduled matches have been completed, all results involving the withdrawn player will be recorded as forfeits to maintain competitive balance. If more than 50% have been played, completed matches will stand and only remaining fixtures will be marked as forfeits. This approach ensures fairness across the league while recognising genuine participation. The League Administrators reserve the right to make the decision which is fairest for all.

10

Refunds: if your pair changes its mind, you can get a refund of your entry fee up to the sign-up deadline, **15 November 2026**. Tap the Player Support button in the Padel League UK app to request it. After the deadline, no refunds are given, including for scheduling issues or dropouts.

LEAGUE RULES | CONTINUED

11

Minimum Age & Guardian Oversight: All players must be aged 16 or over to participate. Players aged 16 or 17 must be accompanied by a responsible adult (parent or guardian) during matches and league events. All communication regarding fixtures, disputes or league administration must be handled by the parent or guardian on the player's behalf to ensure appropriate safeguarding and accountability.

12

Players must not use the league WhatsApp groups for any form of commercial activity such as sharing adverts or promotions. If you would like to use the league to promote your business, please email sponsor@ukpadelleague.co.uk.

13

If there are any disagreements regarding results, players must come to an accurate and fair agreement, and are asked to resolve it before the result is submitted in the app. If there are any issues with results or outcomes, players should tap the **Player Support** button in the Padel League UK app.

14

If a player has an injury or is unable to complete the league, they may tap the **Player Support** button in the Padel League UK app to request a new partner to take their place. It is at the league administrator's discretion whether to allow this. The league only allows one permanent partner swap per season. Temporary partner substitutions, e.g. for just one match, are not permitted. The new partner must not already be playing in another team this season.

15

If a pair is more than 10 minutes late, play the match in the time that is left. We want every set decided on court, so if the final set can't be finished, settle it with a 10-point tie-break (see rule 16). Only if there isn't time for a tie-break will the late pair forfeit the final set, recorded as 6-0 to the pair not at fault. If the pair not at fault is willing to arrange another game to complete the match, that is ideal, but they are under no obligation to do so. If there is a disagreement over fault, players should try to resolve it between themselves before the League Administrator steps in.

LEAGUE RULES | CONTINUED

16

Standard padel scoring applies, with **golden point**: at 40-40 the next point wins the game, and the receiving pair chooses which side to receive from. Matches comprise 3 sets, and each set won awards 2 points – for example, a 3-0 win awards the winning team 6 points. Players should play the third set even if the score is 2-0, as points are still available. At 6-6 in a set, play a normal tie-break (first to 7, by 2 clear points). An incomplete set, where neither pair reaches 6 or 7 games, earns 0 points for both pairs. If time will not allow a set to be completed, play a 10-point tie-break instead (first to 10, by 2 clear points), and record the result as 7-6 to the winning pair in that set.

17

Players should show respect at all times for their opponents, providing an inclusive and welcoming atmosphere for all players. While a healthy level of competition is expected, players should always endeavour to create an atmosphere that makes everyone feel welcome. Players competing in the league should refrain from:

- Time-wasting
- Disrespectful or abusive language
- Over-the-top outbursts of anger or frustration, e.g. kicking balls away or smashing rackets

This is not an exhaustive list; we trust one isn't needed when all players show respect for one another, the venue and the game. If there is a dispute about a call, please play a let where possible.

All complaints should be submitted by tapping the **Player Support** button in the Padel League UK app. If a complaint is received about a player or team, Padel League UK will take the following measures:

- **Complaint 1:** check the complaint, then contact the pair involved to issue a verbal warning and remind them of the rules.
- **Complaint 2:** issue a written warning to the pair involved.
- **Complaint 3:** remove the offending player or pair from the league, with no refund available.

Padel League UK reserves the right to refuse entry to any pair for the above reasons.

18

To help with scheduling, the league uses a match captain system across all divisions. See the Match captains & scheduling page in this pack (page 06) for how this works.

THANK YOU FOR FOLLOWING THESE RULES TO MAKE THE LEAGUE FUN AND COMPETITIVE FOR ALL!